# ASSISTED OUTPATIENT TREATMENT (AOT) IN MILWAUKEE COUNTY





### ASSISTED OUTPATIENT TREATMENT

#### WHAT IS AOT?

- A combination of the courts and treatment providers to work together to ensure individuals living safely in the community receive adequate care and treatment while under their involuntary commitment
- It is a tool for assisting individuals who are most at risk at experiencing the negative consequence of not receiving treatment

#### WHY IMPLEMENT AOT?

- To flourish/enhance existing services to individuals under an involuntary commitment
- To strengthen the relationship between all civil court stakeholders
- To develop a service model for community CSP Agencies to follow to meet high fidelity standards
- It holds the treatment providers accountable to ensure participant engagement



# ASSERTIVE COMMUNITY TREATMENT (ACT) MODEL

- The AOT program will use the Assertive Community Treatment (ACT) Model to provide direct services to participants
- Serves individuals with chronic mental illness who have continuing high service needs and significant functioning impairment
- AOT participants will be serviced by a multidisciplinary team:
  - ACT Team Leader
  - Psychiatric Care Provider
  - Registered Nurse
  - Mental Health Clinician
  - Substance Abuse Specialist
  - Employment Specialist
  - Peer Support Specialist
  - Program Assistant

## ACT TEAM CRITERIA

- Admission to the AOT/ACT programs requires an order for involuntary commitment to treatment per Wisconsin State Statute, Chapter 51, specifically §51.20
- The targeted population has:
  - Chronic mental illness
  - A history of repeated acute treatment or prolonged periods of institutional care
  - A persistent disability or impairment in major areas of community living
- ACT Team participants will be concurrently enrolled in the AOT program for the duration of their involuntary commitment



### VISION AND OUTCOMES

### **Vision for AOT's Future**

- To improve relationships with the civil court stakeholders
- Improve outcomes for individuals involved in the civil commitment process
- Provide high fidelity ACT services to consumers in the community setting

### **Anticipated Outcomes**

- Fewer psychiatric hospitalizations
- Increase in medication adherence
- Cost savings from less readmissions
- Decrease in harmful behaviors
- Reduced likelihood to perpetrate violence
- Fewer arrests and incarceration among AOT participants.

